

The University of South Dakota  
Major Credit Hour count: 37-49



Major: Kinesiology and Sport Management - Exercise Science, B.S.

[2020-2021 Academic Catalog]

<u>Year / Semester</u>	SGR/Major Requirement	Cr Hrs	<u>Year / Semester</u>	SGR/Major Requirement	Cr Hrs
<b><u>First Year - 1st Semester</u></b>			<b><u>First Year - 2nd Semester</u></b>		
ENGL 101 Composition I	SGR1	3	Social Science	SGR3	3
PE 180 Foundations of HPER	Major	2	SPCM 101 Fundamentals of Speech	SGR2	3
Mathematics	SGR5	3	Humanities	SGR4	3
Social Sciences	SGR3	3	**Electives		6
First Year Experience		1			
**Electives		3			
<b>Semester Credit Hours: 15</b>			<b>Semester Credit Hours: 15</b>		
<b><u>Second Year - 1st Semester</u></b>			<b><u>Second Year - 2nd Semester</u></b>		
Natural Science (suggested CHEM 106/L or CHEM 112/L)	SGR6	4	Natural Science (suggested PHGY 220/L)*	SGR6+Major	4
KSM 240 Organization & Administration of KSM	Major	3	Fine Arts	SGR4	3
**Electives		9	ENGL 205 Business Writing	Major/SGR1	3
			**Electives		6
<b>Semester Credit Hours: 16</b>			<b>Semester Credit Hours: 16</b>		
<b><u>Third Year - 1st Semester</u></b>			<b><u>Third Year - 2nd Semester</u></b>		
KSM 353 Kinesiology	Major	3	KSM 350 Exercise Physiology	Major	3
KSM 300 Introduction to Research	Major	3	HLTH 422 Nutrition	Major	3
**Electives		10	**Electives		9
<b>Semester Credit Hours: 16</b>			<b>Semester Credit Hours: 15</b>		
<b><u>Fourth Year - 1st Semester</u></b>			<b><u>Fourth Year - 2nd Semester</u></b>		
KSM 400 Exercise Testing & Prescription	Major	3	KSM 494 Internship (1-12cr)	Major	12
KSM 454 Biomechanics	Major	3			
KSM 453 Sport Psychology OR KSM 450 Sport Facility & Event Management OR KSM 490 Seminar	Major	3			
KSM 482 Theory of Strength and Conditioning	Major	3			
**Electives		3			
<b>Semester Credit Hours: 15</b>			<b>Semester Credit Hours: 12</b>		
			<b>Total Major Requirements 120</b>		

**Notes:** \*PHGY 220/220L or HSC 280/280L will meet the Anatomy & Physiology requirement needed for the major and upper level KSM coursework.  
\*\*Electives can be any 100-400 level course at the college level. Students pursuing 2nd majors, minors, or pre-professional requirements can take those courses in place of electives.