

The University of South Dakota

Major Credit Hour count: 34-55

Major: Kinesiology and Sport Management - Exercise Science, B.S.

[2021-2022 Academic Catalog]

First Year - 1st Semester

ENGL 101 Composition I
KSM 192 Topics: Introduction to KSM
PE 180 Foundations of HPER
Mathematics
Social Sciences
First Year Experience
**Electives

SGR/Major Requirement	Cr Hrs
SGR1	3
Major	1
Major	2
SGR5	3
SGR3	3
	1
	2

Semester Credit Hours: 15

Second Year - 1st Semester

Natural Science (suggested CHEM 106/L or CHEM 112/L)
KSM 240 Organization & Administration of KSM
**Electives

SGR/Major Requirement	Cr Hrs
SGR6	4
Major	3
	9

Semester Credit Hours: 16

Third Year - 1st Semester

KSM 353 Kinesiology
KSM 300 Introduction to Research
**Electives

SGR/Major Requirement	Cr Hrs
Major	3
Major	3
	10

Semester Credit Hours: 16

Fourth Year - 1st Semester

KSM 400 Exercise Testing & Prescription
KSM 454 Biomechanics
KSM 453 Sport Psychology OR KSM 450 Sport Facility & Event
Management OR KSM 490 Seminar
KSM 482 Theory of Strength and Conditioning
**Electives

SGR/Major Requirement	Cr Hrs
Major	3
Major	3
	3
Major	3
Major	3
	3

Semester Credit Hours: 15

First Year - 2nd Semester

Social Science
CMST 101 Fundamentals of Speech
Humanities
**Electives

SGR/Major Requirement	Cr Hrs
SGR3	3
SGR2	3
SGR4	3
	6

Semester Credit Hours: 15

Second Year - 2nd Semester

Natural Science (suggested PHGY 220/L)*
Fine Arts
ENGL 205 Business Writing
**Electives

SGR/Major Requirement	Cr Hrs
SGR6+Major	4
SGR4	3
Major/SGR1	3
	6

Semester Credit Hours: 16

Third Year - 2nd Semester

KSM 350 Exercise Physiology
HLTH 422 Nutrition
**Electives

SGR/Major Requirement	Cr Hrs
Major	3
Major	3
	9

Semester Credit Hours: 15

Fourth Year - 2nd Semester

KSM 494 Internship (1-12cr)

SGR/Major Requirement	Cr Hrs
Major	12

Semester Credit Hours: 12

Total Major Requirements 120

Notes: *PHGY 220/220L or HSC 280/280L will meet the Anatomy & Physiology requirement needed for the major and upper level KSM coursework. Students pursuing 2nd majors, minors, or pre-professional requirements can take those courses in place of electives.

**Electives can be any 100-400 level